# Homework Assignment #5 (V2)

# Chapter 11 Skeletal Muscle

## Muscle Contraction (1.25 min)

- 1. How is a skeletal muscle activated (voluntary)? Pathway?
- 2. What is the union of the nerve and muscle fiber called?
- 3. What molecule is released by the terminal synaptic vesicle? Into where?
- 4. What type of channel will the molecule bind to?
- 5. What type of ion moves through the channel?

## The Myofilament (1.25 min)

- 1. What two molecules make the myofilaments?
- 2. What protrudes from the myosin filament?
- 3. When will contraction begin? What happens?
- 4. What happens to the myosin head after it binds to actin?

#### Neuromuscular Junction (1.25 min)

- 1. What happens when the action potential reaches the end of the nerve's axon? What type of channel?
- 2. What type of channel is opened after acetylcholine enters the synaptic cleft? Binds to what type of channel?
- 3. What occurs to the post synaptic membrane after sodium enters the muscle cell?
- 4. What occurs if "threshold is reached?
- 5. What enzyme breaks down the neurotransmitter in the synaptic cleft?

## Sliding Filament Theory (1.25 min)

- 1. What molecule on actin binds calcium?
- 2. What molecule on actin moves after calcium binds? Exposes what?
- 3. What molecule must bind to the myosin head to break the myosin cross bridge?
- 4. What happens to the myosin head after the cross bridge is broken?

#### Myosin Heads Interacting with Actin (40 sec)

- 1. Are all the myosin heads bound to actin at the same time?
- 2. What term was used to describe the movement of the mysoin head? Work starts with an "R"!

## Myosin Heads and Actin Filament (2.25 min)

- 1. What happens to the myofilaments when calcium is present?
- 2. What happens to the myosin head after ATP binds? Does it form are break the cross bridge?
- 3. What is ATP converted to after it binds to the myosin head?
- 4. What must happen for muscle relaxation?
- 5. During relaxation, are is the status of the myosin heads?

## Sliding Filament Theory (7 min)

- 1. What is the neuromuscular junction?
- 2. What is a motor unit?
- 3. What is the motor end plate? Location?
- 4. What neurotransmitter stimulates the motor end plate?
- 5. What occurs during excitation contraction coupling?
- 6. What type of gate is opened by the action potential as it flows down the T-tubles? What is released?
- 7. When was the sliding filament theory proposed?
- 8. What happens to the distance between the Z-lines? Why?

- 9. What causes the myosin head to be "cocked"? When will the cocked energy be released?
- 10. How and when will the cross bridge be broken?
- 11. What is the function of acetylcholinesterase? What downstream events occur?
- 12. Where does the energy to power the interaction between actin and myosin come from?
- 13. How long does ATP last?
- 14. What are the three pathways of ATP regeneration?
- 15. How long may creatine phosphate power muscle contraction?
- 16. What causes muscle fatigue?
- 17. What is oxygen debt?
- 18. How much of the energy from ATP in a muscle contraction is lost as heat? How do we use this lost heat?

# Stretch Reflex (9 min)

- 1. What fiber type generate the contraction force?
- 2. What structure is formed by a second type of muscle fiber called the intrafusal fibers? What is the purpose of these structures?
- 3. What type of information is transmitted to the spinal cord?
- 4. As a muscle contracts the tension within a muscle spindle must be adjusted. What nerve fiber may adjust the tension inside the muscle spindle?
- 5. What do the primary sensory nerve fibers measure (respond to )? Where will this information be sent?
- 6. What is the main role of the muscle spindle?
- 7. What is the circuit of he stretch reflex? How many synapses are in this reflex? Significance?
- 8. What is reciprocal innervation? If a flexor muscle is stretched, then what type of muscle is "relaxed"?